



November 2018 - NH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			October 29-November 3 rd is Staff Appreciation week!!	1 9:30 Calendar Handout 10:30 Library Visit 1:00-1:45 Snack Shack 3:00 Coffee Shop 6:30 Keep It Up Staff Massages 10-12	2 10:30 Catholic Church 2:00 Manicures 4:00 Montessori 6:30 Movie Night Staff Potluck Lunch!	3 1:30 Sensory Stim. 2:30 Writing Letters to Loved ones 3:30 Chair Dancing
4 1:30 Montessori 2:30 Target Shoot 3:30 Cards	5 9:00 Pet Visits Cocoa 10:30 Piano with Muriel 2:00 Snoezelen Room 3:30 Sensory Stimulation	6 10:15 Tai Chi 11:00-11:45- Snack Shack 2:00 Computer Time 6:30- Evening Stretch and Relax	7 9:30 Sparkling Specs 2:00 Anglican Church 6:30 Fitness Bingo	8 9:30 Sensory Music 10:30 Library Visit 10:45 Music Therapy 2:00 Jones & Jones 4:00 1-1's 6:30 Keep It Up	9 10:30 Helping Hands 2:00 Manicures 4:00 Montessori 6:30 Bowling	10 1:30 Bocce Ball 2:30- Writing Stories 3:30 Snoezelen Room
11 Remembrance Day 11:00 Moment of Silence 1:30 Reminisce and remembrance day craft	12 9:00 Pet Visits Cocoa 10:30 Piano with Muriel 2:00 Happy Fiddlers 3:30 Aroma Therapy	13 10:15 Tai Chi 11:00-11:45- Snack Shack 2:00 Residents Council 4:00 1-1's 6:30 Evening Stretch and Relax	14 9:30 Sparkling Specs 2:00 Painting with David 1:1 Friendly Visits 6:30 Bingo	15 10:30-Music with David Lathum 2:00 ½ Notes ½ Nuts 4:00 1-1's 6:30 You Cam Makeup Happy Birthday John Morgan!	16 10:30 Men's Group 1:30 Family Council 4:00 Montessori 6:30 Bowling	17 1:30 Sensory Stim. 3:00 Michael Semenuk
18 1:30 Montessori 2:30 Making Jewellery 3:30 Ring Toss	19 9:00 Pet Visits -- Cocoa 10:30 -Piano with Muriel 2:00 Snoezelen Room 3:30 Computer Time and Aroma Therapy	20 10:15 Tai Chi 2:00 Decorating for Christmas 4:00 1:1s 6:30 Crossword	21 9:30 Sparkling Specs 10:00- Rick Groves Music 2:00 Grace United Church 4:00- Decorating for Christmas 6:30 Bingo	22 9:30 Sensory Music 10:30 Library Visit 10:45 Music Therapy 2:00 Lets Cook Supper! 6:30 Stretch and Relax Happy Birthday Don!	23 10:30 Holiday Glam Shots 2:00 Lang and Ackroyd Act 11 Electric Fiddle and Guitar 4:00 Montessori 6:00 Ladies Spa Night Happy Birthday Doreen!	24 CHRISTMAS TEA 2pm-4pm Music with John Bino 2:30pm-3:30pm
25 1:30 Montessori 2:30 Outdoor Walks 3:30 Snoezelen Room	26 10:00 Resident Memorial 10:30 L.E. Shore Library Visit 2:00 Craft's with Mary 3:30 Aroma Therapy Happy Birthday John Ondercin!	27 9:30 BV School Visit 10:15 Tai Chi 11:00 Snack Shack 2:00 Snoezelen Room 6:30 Christmas Crafts for Doors	28 9:30 Sparkling Specs 2:00 First Baptist Church 4:00 You Cam Makeup 6:30 Bingo Happy Birthday Teresa!	29 9:30 Friendly Visits 10:30 Library Visit 1:00 Snack Shack 3:00 Coffee Shop 6:30 Keep it Up	30 10:30 Christmas Craft 1:00 Baking Cookies 2:00 Manicures 6:30 Bowling	

Exercise Classes are on Tuesday, Wednesday, and Friday Morning @ 9:30am in the South Lounge ----- Balance Class is on Thursday @ 9:30am in the North Lounge