

July 2019 - NH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Happy Birthday Canada! Happy Birthday Elmer! 9:30 Canada Day Parade and Social 10:30 Piano with Muriel 2:00 Outdoor Walks and Watering the Plants	2 10:30 Tai Chi 1:00-1:45 SNACK SHACK 2:00 Friendly Visits 1:1 6:30 Movement for Life with Louise	3 9:30 Sparkling Specs 2:00 First Baptist Church Church 6:30 Bingo	4 Happy Birthday Leode! 9:30- Sensory Music 10:30- Music Therapy 1-1:45 SNACK SHACK 2:00 Coffee Shop- Family welcome! 6:30 Jayco Productions Broadway Show	5 10:30 Catholic Church 2:00 Bowling Party 4:00 Montessori 6:30 Campfire Night	6 1:30 Sensory Natural Aromas 2:30 Popular Proverbs 3:30 Bocce Ball
7 Happy Birthday Zofia! 1:30 Name that Smell Game - Sensory Aromas 2:30 Target Shoot 3:30 Finishing the Song	8 9:30 Pet Visits with Cocoa 10:30 Piano with Muriel 2:00 Happy Fiddlers 3:30 Sensory Stimulation	9 10:30 Tai Chi 12:00 NH BBQ Lunch Strawberry Dessert Day 1:00-1:45 SNACK SHACK 2:00 Resident Council 6:30 Movement for Life with Louise	10 9:30 Sparkling Specs 2:00 Blue Mountain Community Church 6:30 Bingo	11 9:30- Sensory Music 10:30- Music Therapy 1-1:45 SNACK SHACK 2:00 Jones & Jones Birthday Party! 4:00 1:1 Walk & Chat 6:00 Planet Earth	12 10:30 Helping Hands 1:30- Family Council 2:00- Manicures 4:00 Montessori 6:30 Movie Night	13 1:30 Sensory Bins 2:30 Painting to Music 3:30 Baggo
14 1:30 Montessori 2:30 Outdoor Walks and Garden Tour 3:30 Card Bingo	15 10:30 Piano with Muriel 2:00 Outdoor Walks 3:30 Aroma Therapy	16 10:30 Tai Chi 1:00-1:45 Snack Shack 2:00 *Outdoor Woodworking project* 6:30 Movement for Life with Louise	17 9:30 Garden Clean -up! 10:30 Sparkling Specs 2:00 Presbyterian Church 6:30 Bingo	18 9:30- Sensory Music 10:30- Music Therapy 1-1:45 SNACK SHACK 2:00 *Outdoor Woodworking Project * 4:00 1:1's 6:30- Painting to Music	19 10:30 Helping Hands 2:00 Music with James S Summer Fiesta! 4:00 Montessori 6:30 Campfire Night	20 Moon Landing Celebrations! 1:30 To the Moon - Painting 2:30 Space Trivia 3:30 Sensory Light Therapy
21 1:30 Montessori 2:30 Painting to Music 3:30 Outdoor Bocce	22 10:00- 10:30- Goldenaires 2:00 Outdoor Walk and Chat 3:30 Aroma Therapy	23 10:30 Tai Chi 12:00-1:00 NH BBQ Lunch 2:00- 4:00- Visit from Collingwood Ice Cream Truck 6:30 Movement for Life with Louise	24 9:30 Sparkling Specs 2:00 St Georges Anglican Church 6:30 Bingo	25 9:30- Sensory Music 10:30- Music Therapy 1-1:45 SNACK SHACK 2:00 Coffee Shop 4:00 1:1's 6:30- Shuffleboard	26 10:30 Helping Hands 2:00 Music with Joyce Gold 3:00- Lets Cook Supper! 6:30 Movie night	27 1:30 Sensory Stimulation 2:30 Trivia 3:30 Target Shoot Outdoor Game
28 1:30 Montessori 2:30 Finishing Lines 3:30 Parachute Game	29 Happy Birthday Alice! 10:30- Piano with David Latham 2:00 Crafts with Mary 3:30 Aroma Therapy	30 10:30 Tai Chi 2:00 Music with Rick Grooves 4:00 1:1's 6:30 Movement for Life with Louise	31 9:30 Sparkling Specs 2:00 Grace united Church 6:30- Bingo			

Exercise Classes are on Monday, Wednesday, and Friday Morning @ 9:30am in the South Lounge /Balance Class is on Thursday @ 9:30am in the North Lounge *Programs Subject to Change without Notice