

## August 2019 - NH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Programs Subject to Change without Notice				<b>1</b> 9:30 Sensory Music 10:45 Music Therapy <b>1-1:45 SNACK SHACK</b> 2:00- Ice Cream Social 6:30- Making Postcards	<b>2</b> 10:30 Catholic Church 2:00 Manicures 4:00 Montessori 6:30 Movie Night	<b>3</b> 1:30 Sensory Stim. 2:30 Puzzle's Galore 3:30 Keep It Up
<b>4 Happy 65<sup>th</sup> Wedding Anniversary Doreen and Ralph!</b>  1:30 Montessori 2:30 Target Shoot 3:30 Finishing Lines	<b>5</b> 9:30 Pet Visits with Cocoa 10:30 Piano with Muriel 2:00 Jewellery Making 3:30 Sensory Stimulation	<b>6</b> 10:15 Tai Chi 12:00- NH BBQ <b>1-1:45- Snack Shack</b> 2:00 Outdoor Walks 4:00 1:1s 6:30 Reading Circle	<b>7</b> 9:30 Sparkling Specs 2:00 First Baptist Church 6:30 Bingo	<b>8</b> 9:30 Sensory Music 10:45 Music Therapy <b>1-1:45 SNACK SHACK</b> 2:00 Jones and Jones 4:00 1:1 Walk & Chat 6:30 Keep It Up	<b>9</b> 10:30 Helping Hands 2:00 Outdoor Walks 4:00 Montessori 6:30 Campfire Night	<b>10</b> 1:30 Montessori 2:30 Outdoor Walks 3:30 Sensory Water Bins
<b>11 Happy Birthday Ron!</b>  1:30 Montessori 2:30 Rim Ball 3:30 Guess who?	<b>12 Happy Birthday Audrey F!</b>  9:30 Pet Visits with Cocoa 10:30 Piano with Muriel 2:00 Happy Fiddlers 3:30 Aroma Therapy	<b>13 Happy Birthday Daniel G!</b> 10:15 Tai Chi <b>1-1:45 - Snack Shack</b> 2:00 Resident Council 4:00 1-1's 6:30 Facts & Jokes	<b>14</b> 9:30 Sparkling Specs <b>1:00- BOAT TRIP</b> 2:00 Blue Mountain Community Church  6:30 Bingo	<b>15</b> 9:30 Sensory Music 10:45 Music Therapy <b>1:00- BOAT TRIP</b> 6:30-Making Post Cards	<b>16</b> 10:30 Helping Hands <b>1:00- BOAT TRIP</b> 2:00 Music with Maureen Patterson 4:00 Montessori 6:30 Movie Night	<b>17</b> 1:30 Sensory Stimulation 2:30 Painting to Music 3:30 Outdoor Walks
<b>18</b> 2:00 Father's Day with Maureen Patterson 3:30 Montessori	<b>19</b> 9:30 Pet Visits with Cocoa 10:30 Piano with Muriel 2:00 Craft Corner 3:30 Aroma Therapy	<b>20</b> 10:15 Tai Chi 12:00- NH BBQ 1:30 Collingwood Ice Cream Truck 6:30 Remember when	<b>21</b> 9:30 Sparkling Specs 2:00 Presbyterian Church 6:30 Bingo	<b>22</b> 10:30 Painting to music <b>1-1:45 SNACK SHACK</b> 2:00 Resident Memorial 4:00 1:1 Walk & Chat 6:30 Keep It Up	<b>23</b> 10:30 Helping Hands 2:00 Outdoor Walks 4:00 Montessori 6:30 Campfire Night	<b>24</b> 1:30 Sensory Stimulation 3:00- Michael Semenuk
<b>25</b> <b>Happy Birthday Helga and Fred!</b> 1:30 Montessori 2:30 Finishing Lines 3:30 Rim Ball	<b>26</b> 10:30- Piano with David Lathum 2:00 Crafts with Kristina 3:30 Aroma Therapy	<b>27</b> 10:15 Tai Chi <b>1-1:45- Snack Shack</b> 2:00 Planet Earth 4:00 1:1s 6:30 Ice Cream Social	<b>28</b> 9:30 Sparkling Specs 2:00 Anglican Church 6:30 Bingo	<b>29</b> 9:30 Sensory Music 10:45 Music Therapy <b>1-1:45 SNACK SHACK</b> 3:00- Lets Cook Supper 5:00 Supper Club	<b>30</b> 10:30 Outdoor walks <b>2:00 Speaking of Wildlife!</b> 6:30 Movie Night	<b>31</b> 1:30 Sensory Stimulation 2:30 Outdoor Walks 3:30 Whiteboard Games

Exercise Classes are on Monday, Wednesday, and Friday Morning @ 9:30am in the South Lounge ----- Balance Class is on Thursday @ 9:30am in the North Lounge