



Errinrung

**Long Term Care Home
August – 2019**



Wow cannot believe its August already! 😊 We have had a great summer so far and August is no exception! We are taking off to Collingwood charters on August 14th, 15th, and 16th for our annual boating trips, having another visit from Collingwood ice cream truck, as well as Speaking of Wildlife coming back August 30th to show the residents their rescue animals! Stay connected with our monthly calendar and we are looking forward to seeing you for those events!



Speaking of Wildlife!

Speaking of Wildlife was established in 1989 with a goal to educate the public about nature and wildlife in an interactive and exciting way. By 2000, Speaking of Wildlife had become a leader in the realm of live-animal outreach and was expanding with the creation of the Muskoka Wildlife Centre, a wildlife education centre that would be open to the public and allow visitors to experience the Canadian Shield, scenic trails and Ontario's wildlife all in one place! The centre quickly became an important local resource and a gem to those visiting the Muskoka area; welcoming over 300,000 visitors in just 13 years and reaching hundreds of thousands more through its well-established outreach program. While the centre closed its doors in 2013, its passionate staff simply could not let this resource disappear; Speaking of Wildlife continued, independently and under the direction of long-time Muskoka Wildlife Centre staff, to deliver its acclaimed educational programs with many of its seasoned Wildlife Ambassadors (some may remember wildlife legends such as Clover the Groundhog, Luna the Northern Saw-Whet Owl, Sam the Snapping Turtle and Quillber the Porcupine).

Speaking of wildlife will be visiting our home August 30th at 2pm. Please bring the kiddos and join us for a fun filled afternoon with these amazing animals 😊

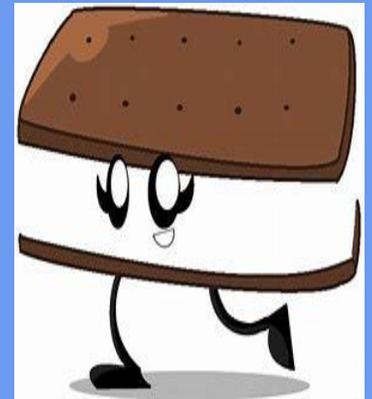
Family BBQ 😊

Our annual family BBQ is coming up quick! Join us September 14th for a fun filled day of games, prizes, entertainment and a BBQ! The more the merrier so bring the kiddos as there will be lots of fun games, cotton candy machine, snow cone machines and so much more!. For those of you that came last year it was a blast! We had a dunk tank

and the residents and families could dunk the staff Please RSVP to Kristina in programs so we have an idea of numbers by August 31st 😊



Join us on Tuesday August 20th, 2019 from 2-4 outside for a visit from Collingwood Ice Cream Truck staff and residents are on the house!



If you would like to set up Skype please contact Kristina from programs (519) 599-2737 ext 6! The programs department would love to be able to help you video chat with your loved ones 😊

BOAT TRIPS IN AUGUST!!

Ships Ahoy! We will be going on another boat trip with Collingwood Charters in August of this year. The three trips we are planning will take place on August 14th, 15th, 16th at 2:00pm. All Aboard!



Stay Hydrated!

Drinking water instead of soda or sugary juices will quench your thirst – minus the excess calories and plus all the benefits of helping your body flush out the byproducts of the fat and other toxins. Drinking water keeps your skin moist, supple, and elastic – thus lessening your risk of developing dry tissues like dermatitis, aging skin, and infection.

Don't like water?
Add some fresh fruits, or herbs to spruce up the taste!



August 2nd- Catholic Church
August 5th- Civic Holiday
August 8th- Jones and Jones
August 12th- Happy Fiddlers
August 14th, 15th, 16th- Boat Trips!
August 16th- Maureen Patterson Music
August 20th- Collingwood Ice Cream Truck
August 22nd- Resident Memorial
August 24th- Music with Michael Semenuk
August 26th- Music with David Lathum
August 30th- Speaking of Wildlife

Lang & Ackroyd Act II

Jim and Mary Lang are one of our favorite new performers! You may recognize both of them as the youngest of the “Happy Fiddlers” but on their own they play eclectic fiddle and guitar together and bring an amazing amount of energy to our residents. Next show is September 23rd, at 2pm so don't miss it!



If you need us....

Dona Kurian
Interim Executive Director
ext. 5 or dkurian@southbridgecare.ca

Lisa Thompson
Interim Doc
ext.3 or lthompson@sothubridgecare.ca

Kerry Baker
Business Office Manager
Ext. 7 or kbaker@southbridgecare.ca

Kristina Marquis
Programs Manager
ext. 6 or kmarquis@southbridgecare.ca

Michelle Wilson
Resident Services Coordinator
ext. 243 or miwilson@southbridgecare.ca

Debbie Alexander
Interim Retirement Home Manager
ext. 243 or dalexander@southbridgecare.ca

Christine Foubert Maecker
Ward Clerk/ Marketing Assistant
Ext.221 or
cfoubert@southbridgecare.ca



August 11th- Ron Hodgkinson

August 12th- Audrey Farrar

August 13th- Daniel

Grummett

August 25th- Fred Murray

and Helga Oswald



The two zodiac signs associated with the month of August are Leo and Virgo! The Leo is giving, willing to help those in need. Very cheerful and uplifting, they will be the first to help you through a hard time. The Leo's personality is full of charm and excitement, and they are very giving and kind. The introverted Virgo is very hard to "catch". Those born under the Virgo zodiac are so reserved that it is hard even to get to know them, much less win their hearts. The worst part is, the more interested they are in you, the shier they will be in your presence. That is why you won't see Virgos getting attached in a hurry.




August

Gladiolus flower signifies celebration, devotion, and loyalty. You have an inventive flair in you. You can easily attract people with your charm and great communication skills. You always try to give your best shot in life. You like to lead in life.

www.wishafriend.com