






September 2019 - NH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>1</p> <p>1:30 Fall Craft Time 2:30 Cards 3:30 Sensory Sounds</p>	<p>2 Labour Day!!</p> <p>9:30 Pet Visits with Cocoa 10:30 Piano with Muriel 2:00 Outdoor Walks and Watering the Plants</p>	<p>3</p> <p>10:30 Tai Chi 1:00-1:45 SNACK SHACK 2:00 Coffee Shop 4:00 Friendly Visits 1:1 6:30 Movement for Life with Louise</p>	<p>4</p> <p>9:30 Sparkling Specs 2:00 Grace United Church 6:30 Bingo</p>	<p>5</p> <p>10:30 Catholic Church 1-1:45 SNACK SHACK 2:00 Collingwood Ice Cream Truck Visit 6:30 New Foods Taste Testing Night</p>	<p>6</p> <p>10:30 Catholic Church 2:00 Music with Rick Grooves 4:00 Montessori 6:30 Evening Coffee Social</p>	<p>7</p> <p>BEAVER VALLEY FALL FAIR</p> <p>1-4 Visits to the Fall Fair</p>	
<p>8 HAPPY GRANDPARENTS DAY!!</p> <p>1:30 Coffee Social- Family Welcome 3:30 Manicures</p>	<p>9</p> <p>9:30 Pet Visits with Cocoa 10:30 Piano with Muriel 2:00 Happy Fiddlers 3:30 Sensory Stimulation</p>	<p>10</p> <p>10:30 Tai Chi 1:00-1:45 SNACK SHACK 2:00 Resident Council 6:30 Movement for Life with Louise</p>	<p>11 Happy Birthday Sonia!</p> <p>9:30 Sparkling Specs 2:00 Presbyterian Church 6:30 Bingo</p>	<p>12</p> <p>9:30- Sensory Music 10:30- Music Therapy 1-1:45 SNACK SHACK 2:00 Jones & Jones 4:00 1:1 Walk & Chat 6:30 Movie Night</p>	<p>13 Happy Birthday Marilyn!</p> <p>10:30 Helping Hands 1:30 Family Council 2:00 Manicures 4:00 Montessori 6:30 Tie Dying Shirt Savers</p>	<p>FAMILY BBQ</p>  <p>12- 4 Family BBQ 2:00 Music with John Bino</p>	
<p>15</p> <p>1:30 Montessori 2:30 Outdoor Walks and Garden Tour 3:30 You-Cam Make-up Fun!</p>	<p>16</p> <p>10:30 Piano with Muriel 2:00 Outdoor Walks 3:30 Aroma Therapy</p>	<p>17 Happy Birthday Gail!</p> <p>10:30 Tai Chi 1:00-1:45 Snack Shack 2:00 Coffee Shop - Family Welcome 6:30 Movement for Life with Louise</p>	<p>18 Happy Birthday Betty W!</p> <p>10:30 Sparkling Specs 2:00 Blue Mountain Community Church 6:30 Bingo</p>	<p>19</p> <p>9:30- Sensory Music 10:30- Music Therapy 1-1:45 SNACK SHACK 2:00 Music with David Latham 6:30- Making Scarecrows</p>	<p>20</p> <p>10:30 Manicures 2:00 Bowling 4:00 Montessori 3:00 Lets Cook supper 6:30 Supper Club</p>	<p>21</p> <p>1:30 Chair Yoga 2:30 Sing-Along 3:30 Sensory Light Therapy</p>	
<p>22</p> <p>1:30 Montessori 2:30 Card Bingo 3:30 Bocce Ball</p>	<p>23 First Day of Fall!</p> <p>10:30 Piano with Muriel 2:00 Jim and Mary Lang Music 3:30 Making Fall Door Hats!</p>	<p>24</p> <p>10:30 Tai Chi 1:00-1:45 Snack Shack 2:00- Coffee Shop - Family Welcome! 6:30 Movement for Life with Louise</p>	<p>25 Happy Birthday Dorothy!</p> <p>9:30 Sparkling Specs 2:00 First Baptist Church 6:30 Bingo</p>	<p>26</p> <p>9:30- Sensory Music 10:30- Music Therapy 1-1:45 SNACK SHACK 2:00 Coffee Shop 6:30- Library Visit With Helene</p>	<p>27 Happy Birthday Hilda!</p> <p>10:30 Helping Hands 2:00 Scarecrow Invasion Tour 6:30 History of Clocks</p>	<p>28</p> <p>1:30 Sensory Stimulation 2:30 Trivia 3:30 Target Shoot</p>	
<p>29</p> <p>1:30 Montessori 2:30 Finishing Lines 3:30 Rim Ball</p>	<p>30</p> <p>10:30 Computer Time 2:00 Manicures 3:30 Aroma Therapy</p>	 					

Exercise Classes are on Monday, Wednesday, and Friday Morning @ 9:30am in the South Lounge /Balance Class is on Thursday @ 9:30am in the North Lounge *Programs Subject to Change without Notice