

It looks like we are going to have an early spring according to Wiarton Willy and our residents cannot wait to get out into the sunshine! As my due date approaches I want to extend my thanks to families for an amazing year and I look forward to seeing you in the summer when I bring the kids in to see everyone! We are still actively searching for a replacement for my position and hopefully we will find someone soon! I will miss everyone so much! ©

## Sensory Snow Day!

We had an awesome day creating snowmen and we didn't have to go outside! The residents really enjoyed feeling the snow ©



## Sensory Scape in the Activity Kitchen!

Come check out our beautiful sensory scape murals in our activity lounge!. We are planning to incorporate the same sort of idea in the north lounge this year so stay tuned!





### **OUR VISION**

Bridging Lives together with meaning and purpose

### **OUR MISSION**

"To provide quality care and services through excellence and innovation.

L- Live life to the fullest

 Implement change through innovation
V-Value freedom of choice
E- Exceed

**Expectations** 

If you would like to volunteer in our programs department please contact Kristina at ext 6!

## Arriving at Errinrung

This is just a friendly reminder to all families to arrive at Bruce Street entrance for a rapid test when coming into the building. You are then to wait 8 minutes as per directed by our screener. We understand it is cold outside and not ideal if you are in a hurry but please be courteous/respectful/patient with our staff during this process. ©



## Town hall Meetings

Town hall is a virtual meeting with families in LTC and the executive director. The meeting discusses events, policies, changes, ideas and concerns etc.

It takes place on the 2<sup>nd</sup> Tuesday of each month at 3pm and the executive director sends the zoom link to all the families. Next town hall meeting is March 8<sup>th</sup> at 3pm.

### **Chinese Food Supper Club**

# Our Chinese food supper club was a huge success in celebration of the Chinese new year!



Which bird should you never let into a jewelry store?

RD

Joke of the Month

A robin.

### Outer Footwear

PLEASE remove your wet shoes before entering the building. We have provided a basket full of blue booties if your would like to put those on. It is very important that we do not wear our wet shoes throughout the home, because it is a major fall risk for our residents. Please also remember if you are taking your loved one out, to wipe their wheels upon entering the home again. Thank you for your help in protecting the residents in our home ③

### Fish and Chips!

Who has the best fish and chips in town? Its Errinrung of course! Our residents enjoyed another supper club last month with fresh fish and chips! They really enjoyed it! If you have an idea for supper club please let our programs department know if you have an idea for supper club! We make the supper the afternoon of supper club with the residents ©



## Email and Skype

If you would like to email or skype your loved one, please feel free to contact Kristina at 519 599 2737 ext. 6 Or email kmarquis @southbridgecare.ca

The programs department would love to help our residents connect with members of their family.





### March 2022

March 2<sup>nd</sup>- Music Therapy March 4<sup>th</sup>- Catholic Church March 7<sup>th</sup>- Movement for Life March 8<sup>th</sup>- Resident Council March 9<sup>th</sup>- Music Therapy March 14<sup>th</sup>- Movement for Life March 15<sup>th</sup>- Arm Chair Travel March 17<sup>th</sup>- St. Patrick's Day Party March 20<sup>th</sup>- First day of Spring March 21<sup>st</sup>- Movement for Life March 24<sup>th</sup>- Tour de Errinrung March 28<sup>th</sup>- Movement for Life March 29<sup>th</sup>- Ice Cream Sundae March 31<sup>st</sup>- Coffee Shop



### If you need us....

**Dona Kurian Executive Director** Ext.5 or dkurian@southbridgecare.ca Lisa Long Director of Care Ext.5 or lisa.long@southbridgecare.ca **Kerry Baker Business Office Manager** Ext. 7 or kbaker@southbridgecare.ca **Michelle Wilson Resident Services/Restorative Manager** Ext. 1 or miwilson@southbridgecare.ca **Kristina Marquis Programs Manager** ext. 6 or kmarquis@southbridgecare.ca **Allison Hood Dietary Manager** Ext.1 or ahood@southbridgecare.ca **Alyssa Sisson RAI Coordinator** ext. 3 or asisson@southbridgecare.ca **Debbie Alexander Resident Services Manager** ext. 4 or dalexander@southbridgecare.ca **Rebecca Walker Retirement Home Manager/ALC** 

Ext 4 or <u>rebecca.walker@southbridgecare.ca</u>

#### **Proper Shoes for Fall Prevention**

We are asking all families to check your loved ones shoes when you come in for proper fit/ general wear and tear. This helps to prevent falls. If you are unsure about your loved ones shoes ask one of the managers for help!

