

# May 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Programs subject to change without notice.	1 10:45am- St Georges Anglican Church 1:30pm- Pet Therapy 6:30pm- Hangman	2 10am- Art Therapy 2:00pm- Drumfit 6:30- Bingo	3 10:00am- Music Therapy 1:30pm- Grace United Church 6:30pm- Writing Letters to Loved ones	4 10:00am- <b>Mothers day Photoshoot</b> 2:00pm- Movement for Life 6:30pm- Reading Circle	5 10:00am- Friendly Visits 2:00- <b>Baby Spring Animal Visit</b> 6:30pm- Movie Night	6 10:30am- Outdoor Walks 2:00pm- Sensory Hand Massages 4:00pm- Helping Hands – Shirt Savers
7 10:30am- Mobii Interactive Unit 2:00pm- Outdoor Ball Toss 4:00- Montessori	8 10:00- Sparkling Specs 1:30pm- Pet Therapy 2:00pm- Alzheimer's presentation with Sandra Hong 6:30- Movie night	9 10:00am- Art Therapy <b>2:00pm- Resident Council</b> 3:00pm- Montessori 6:30pm- Bingo	10 <b>Happy Birthday Eric!</b> 10:00am- Outdoor walks 1:30pm- First Baptist Church Service 6:30pm- Indoor Gardening	11 10:00- Manicures 2:00- Movement for Life 6:30- Outdoor Walks	12 10:00- Indoor Gardening 2:00- <b>Mothers Day Tea/Coffee Shop</b> <b>6:30- Campfire Night</b>	13 10:30- Montessori 2:00- Sensory Smells 4:00- Helping Hands
14 <i>Happy Mothers Day!</i> 10:30- Manicures 2:00- Mothers day Facetime 4:00- Outdoor 1:1's	15 10:00- Feeding the birds 1:30- Pet Therapy 3:00- Baking Cookies 6:30- Stretch and Relax	16 10:00- Art Therapy 12:00- BBQ Lunch 2:00-Coffee Shop 6:30-Bingo	17 <i>Funny Hat Day!</i> 10:00- Music therapy 1:30- Church Service 2:00- Outdoor Gardening 6:30- Evening Patio Tea/Coffee Club	18 10:00- Art and Music 2:00- Movement for Life 3:00-Helping Hands 6:30- Trivia Night	19 10:00- Outdoor Walks 2:00- Manicures 6:30- Movie Night	20 10:30-Keep it Up 2:00- Outdoor Walk and Water 3:00- Baking
21 10:30- Outdoor Walks and Filling Bird Feeders 2:00- Writing Letters to Loved Ones	22 <i>Victoria Day</i> 10:00- Sparkling Specs 1:30- Pet Therapy 6:30- Movie Night	23 10:00- Art Therapy 2:00- Outdoor Gardening 6:30-Bingo	24 10:00- Outdoor Gardening 1:30- Church Service 3:00- Smoothie Cart 6:30- Puzzles	25 10:00- Helping Hands 2:00- Movement for Life 3:00 – Sensory Hand Massages 6:30-Outdoor Watering	26 <b>Walk for Alzheimer's!</b> 2:00- Walk and Music with Jim and Mary Lang 3:00- Ice Cream Cart <b>6:30- Campfire Night</b>	27 10:30- Helping Hands 2:00- Friendly Visits
28 10:30-Montessori 2:00- Helping Hands	29 10:00- Friendly Visits 1:30- Pet Therapy 6:30- Ball Toss	30 10:00- Art Therapy 12:00-BBQ Lunch 6:30-Bingo	31 10:00- Music Therapy 1:30- Church Service 6:30- Touch to Play		Exercise Class is every Monday, Wednesday and Friday at 9:00am in South Lounge	