


September 2024

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|---|---|--|
| 1 10:30- Friendly Visits 2:30- Singalong 3:30- Outdoor Walks | 2 <i>Labour Day!</i> 10:30- Friendly Visits with Muriel 1:00- Pet Therapy 6:30- Puzzles! | 3 9:45- Exercise Class with Cindy 2:00- Baking! Pear Crisp 3:30- Touch to Play | 4 9:45- Exercise Class with Cindy 10:30- Music Therapy with Florence 2:00- Bowling 6:30- Bingo | 5 9:45- Exercise Class with Cindy 10:30- Music with David Latham 2:00- Karaoke 6:30- Mobi Interactive Unit | 6 10:30- Art Therapy with Gail 2:00- Hangman 6:30- Campfire Night | 7 12- 4 Family BBQ!!! |
| 8 <i>Grandparents Day!</i> 10:30- Manicures 2:30- Baking 3:30- Sensory Smell Games | 9 10:30- Friendly Visits with Muriel 1:00- Pet Therapy 6:30- Yahtzee! | 10 9:45- Exercise Class with Cindy 10:30- Art therapy 2:00- Resident Council 6:30- Mobi Interactive Unit | 11 9:45- Exercise Class with Cindy 10:30- Music Therapy 1:30- First Baptist Church 2:00- Air Hockey 6:30- Bingo | 12 9:45- Exercise Class with Cindy 10:30- Coloring with Muriel 2:00- Movement for Life 6:30- Mindful Moments | 13 10:30- Manicures 1:30- GPA Training for Families 3:00- Family Council | 14 10:30- Baking 2:30- Board Games and Baked Goods! 3:30- Outdoor Walks |
| 15 10:30- Whats in the news! 2:30- 4:00- Making Scarecrows! | 16 <i>Residents Council Week!</i> 10:30- Friendly Visits with Muriel 1:00- Pet Therapy 6:30- Cards | 17 9:45- Exercise Class with Cindy 2:00- <i>Resident Council Appreciation Tea and Awards Ceremony!</i> | 18 9:45- Exercise Class with Cindy 2:00- Pub Day! 6:30- Bingo | 19 9:45- Exercise Class with Cindy 2:00- Movement for Life 6:30- Keep it Up! | 20 10:30- Helping Hands! 2:00- <i>Alzheimer's Walk and Ice Cream Social!</i> 6:30- Campfire Night | 21 <i>World Alzheimer's Day!</i> 10:30- Manicures 2:30- Bingo 3:30- Montessori |
| 22 <i>September Equinox!</i> 10:30- Art Therapy 2:30- Crafts 3:30- Target shoot | 23 10:45- St. Georges Church 1:00- Pet Therapy 2:00- Outdoor Visits 6:30- Indoor Games | 24 9:45- Exercise Class with Cindy 2:00- Drumfit! 6:30- Woodworking | 25 9:45- Exercise Class with Cindy 1:30- Mindful Moments and Meditation 6:30- Bingo | 26 9:45- Exercise Class with Cindy 12:00- Lunch Club! 2:00- Movement for Life 6:30- Mobi Interactive Unit | 27 10:30- Garden Clean Up! 2:00- Music with Jim and Mary Lang! | 28 10:30- Sensory Sounds and Relaxation 2:30- Baking 3:30- Outdoor Walks |
| 29 10:30- Sensory hand Massages 2:30- Crafts 3:30- Music Circle | 30 <i>Orange Shirt Day</i> 10:30- Friendly Visits with Muriel 1:00- Pet Therapy 6:30- Cards |  | | | | |

