



Long Term Care Home

December - 2024







Hello Families! We would like to thank everyone who attended our annual Christmas tea! I can't believe it's the end of the year already. As we gear up for Christmas, we would like to remind families they are welcome to join any of the programming we have going on!

As always, if you wanting to spend time with a loved one, we have several rooms that are at your disposal for your own private celebrations!

If you would like to rent a room to spend some one-on-one time with your loved one, please feel free to contact Kristina the Programs Manager @ 519-599-2737 ext. 6.

There is no cost to these spaces ©



With peak flu season just around the corner, we would like to remind families a few ways you can help keep our residents safe:

- -Do not visit if you are sick or have encountered someone who is sick.
- -Please wear a mask when you are visiting in all areas of the home
  - -Wash your hands frequently in the building.
    -Practice social distancing when possible.

# RESOLUTIONS networking exchange networking quality of life QUALITY OF CARE

## FAMILY COUNCIL engagement SUPPORT improvements

The main purpose of a Family Council is to improve the quality of life of Long-Term Care residents and to give family and friends a forum for sharing their experiences, learning and exchanging information.

While each Family Council is unique, Family councils in general focus on improving the quality of life and assuring quality of care for all residents and supporting each other. Family Councils facilitate communication and promote partnerships with home staff, council members, families, friends, and residents.

. If you are interested in joining in person or via zoom, please let me know

Our next meeting is November 29th at 2pm in the interaction room downstairs

I will send out the zoom link as well to all families!

If you have any questions, or to add anything to the agenda, please contact Kristina Marquis @ 519 599 2737 ext. 6

We have had a lot of families use the interaction room lately! This is so nice to see the space being used! This is just a friendly reminder to please ensure to confirm the number of people when booking. Also please ensure you are wearing masks when not eating. Thank you for keeping our residents safe!

happy didali

Our residents celebrated Diwali for the first time ever! We celebrated this Indian holiday with henna art, rangoli, and delicious Indian treats! The residents and staff had a great time!



Reminder for Families to sign residents out when leaving the building. The sign out book is located at the south nursing station station







Thank you to all the families who came to our annual Christmas Tea!



Pet Therapy
every
Monday
from 1-3pm





We would like to let the families know that we will be starting our resident memorial back up again. We will be doing this memorial every six months and inviting the family of the loved ones who have passed. This provides closure not only for families but for staff and residents as well.





Dec 3<sup>rd</sup>Gordan
Dec 21<sup>st</sup>Judi
Dec 27<sup>th</sup>Doug B



## **December Events**

Dec 2<sup>nd</sup>-St. Georges Church Dec 4th- Grace United Church Dec 5th- Music with David Latham Dec 6th- Christmas Crafts Dec 10th- Resident Council Dec 11th- First Baptist Church Dec 16th- Christmas Sweater Day! Dec 17th- Making Gingerbread Houses Dec 18th- Funny Sock Day Dec 20th- Special Christmas Show! Dec 22<sup>nd</sup>- Santa Hat Day Dec 23<sup>rd</sup> – Reindeer Day Dec 24th- Pajama Day Dec 25th- Christmas Day Dec 26th- Boxing Day Dec 27th- Music with Jim and Mary Lang



### If you need us....

Dec 31st- Errinrung Rave! Glow Party!

Stacey Rooyakkers
Executive Director
Ext 5 or <a href="mailto:srooyakkers@southbridgecare.com">srooyakkers@southbridgecare.com</a>

Tiffany Gordan
Director of Care
Ext 3 tgordon@southbridgecare.com

Kerry Baker
Business Office Manager
Ext.7 or kbaker@southbridgecare.com

Michelle Wilson Resident Services Coordinator Ext. 1 or <a href="mailto:mwilson@southbridgecare.com">mwilson@southbridgecare.com</a>

Kristina Marquis
Programs Manager
Ext 6 or <a href="mailto:kmarquis@southbridgecare.com">kmarquis@southbridgecare.com</a>

Debbie Alexander
Retirement Home Manager
Ext 2 or dalexander@southbridgecare.com

Kush Dhawan
Food Service Manager
Ext 227 or kdhawan@southbridgecare.com

#### **Residents Choice Meal!**

Every month at our resident council meeting, residents choose a meal that they are craving, and the dietary department makes it. Sometimes they want Chinese food, sometimes its something more familiar like an old family recipe. If you have an old family recipe that you think the residents would enjoy, please share it with Kristina in programs and it will be passed along to our dietary department ©

