



Long Term Care Home March - 2025









Well, we all know that Wiarton Willie has mislead the public, and this weather has not been accurate with his prediction! We hope nicer weather is just around the corner! Even though we have been in outbreak for a lot of last month, our program staff were very creative in continuing to offer fun programming for our residents. We have lots of fun programs on the horizon for March so check out our calendar and see what's coming up! ©

As always, if you are wanting to spend time with a loved one, we have several rooms that are at your disposal for your own private celebrations!

If you would like to rent a room to spend some one-on-one time with your loved one, please feel free to contact Kristina the Programs Manager @ 519-599-2737 ext. 6. There is no cost to these spaces

Our plants are reaching toward the light and so are we. Our residents gathered earlier this month to start our indoor garden in preparation for nicer weather!





The main purpose of a Family Council is to improve the quality of life of Long-Term Care residents and to give family and friends a forum for sharing their experiences, learning and exchanging information.

While each Family Council is unique, Family councils in general focus on improving the quality of life and assuring quality of care for all residents and supporting each other. Family Councils facilitate communication and promote partnerships with home staff, council members, families, friends, and residents.

. If you are interested in joining in person or via zoom, please let me know

Our next meeting is March 21st at 2:00pm.
in the interaction room downstairs

I will send out the zoom link as well to all families!

If you have any questions, or to add anything to the agenda, please contact Kristina Marquis @ 519 599 2737 ext. 6

Please ensure families are following our Infection Control and Prevention procedures. We have noticed a lot of families coming in with no mask and visiting. This not only puts your loved one at risk but the entire home. Please don a surgical mask when you arrive in the building ©

This is just a reminder to all families that we have two doctors in the home, and they visit weekly to review residents with our nurse practitioner





## **Process for Labelling Clothing**

We would like to inform families that there is a process in our home for labelling clothing. When you bring in clothing for your loved one, please give to nursing staff to be passed down to laundry for labelling. This helps to ensure the residents clothing does not get mixed up ③ If your loved one has a missing item, please reach out to any of the staff and they will fill out a missing clothing report. Just a reminder to familiesthere is also a lost in found in café downstairs. If you find some clothing in there that belongs to your loved one, please place in plastic bag and write name of resident on it and it will be labelled promptly ⑤

#### Spiritual Services

One of the many blessings of living in the Town of the Blue Mountains, is the support that is found within the five church communities representing the Anglican, Presbyterian, Baptist, United Church and Free Methodist denominations in their caring of the residents at Errinrung.

Each month, chapel services are hosted by leaders from three of the five congregations. These services provide a diversity of prayer, scripture readings and music, hosted by the pastors, musicians and lay leaders of each church congregation, to care for the residents and share a seasonal flavour of chapel services: Remembrance Day, Christmas, Easter and all the celebrations in between.

Among these leaders are Mrs. Janet Cringle, Music Director from St. George's Anglican Church, who partners with Rev. Gray Bowcott, the Anglican priest for The Blue Mountains. Janet and Rev. Gray are community favourites, who inspire our residents with singing and chapel reflections, often sharing an optional Holy Communion ( bread and wine). Members of St. George's choir join in some of the services as well.

Favourite hymns among the residents are often requested, such as Amazing Grace and In the Garden, and the hallways of Errinrung are often filled with the singing of both guests and residents, reaching deep into their memories and faith traditions that many find to be so meaningful and supportive in their lives.

In addition to these monthly services, community pastors, such as Rev. Gray, often respond to emergency family situations, visiting with residents in times of illness or dying. This care is considered to be part of the outreach of our local churches and is offered by them in their caring for the Blue Mountains Community.

We are thankful for the many volunteers who make these services possible, and for the many prayers that are offered on behalf of our residents between each visit and chapel service.





# Pet Therapy every Monday from 1-3pm





STAFF SPOTLIGHT

Meet Jennifer Molinaro, she is our new RAI coordinator. RAI involves coordinating all departments to complete assessments in order to get a full snapshot of each resident quarterly or whenever there is a significant change. Also, Jennifer is responsible for doing restorative in our home. If you have any questions for Jennifer, feel free to reach out to her directly at jmolinaro@southbridgecare.com





# **Doctors and Nurse Practitioner at Errinrung**

At Errinrung, we have two doctors that look after our residents and assist nursing staff. Dr. Klages, usually visits Wednesdays and Dr. Souriol who visits as needed. During their visits to the home, they see residents that have been flagged for follow up with the doctor. We also have a nurse practitioner on site Mondays, Wednesdays, and Fridays that works with the doctor and nursing staff to provide exceptional patient care to our residents. If you have any questions for our doctor or NP, please reach out to our DOC Krista Smith for more information.



Just a gentle reminder for families to pop by the nursing stations and see if you have any mail for your loved one. We keep north residents mail at north nursing station and south mail at south nursing station!





Pet Therapy
Mondays
1-3pm with
Lexi!



My name is Abbey, I am the Registered Dietitian at Errinrung. I joined the team in June 2024 and have enjoyed getting to know our residents and their individualized nutrition needs. I am typically in the home one time per week. I work in close collaboration with our Nurse Practitioner, Food service manager and our registered floor staff. I am involved in admission, quarterly and annual reviews, in addition to any more immediate nutrition concerns.

This may include chewing or swallowing concerns, wound healing, poor oral intake or weight concerns.

Twice a year, myself and the Food service manage work together on releasing new menus for the home.

If there are any questions or concerns, you would like to discuss let our Nursing staff or Managers know and they can have me reach out to you when I am in the home.





March 4<sup>th</sup>- Mark March 5<sup>th</sup>- Sylvia March 6<sup>th</sup>- Donna March 14<sup>th</sup>- Jim March 17<sup>th</sup>- Sandra March 23<sup>rd</sup>- Alice March 25<sup>th</sup>- Sabina March 27<sup>th</sup>- Pearl March 31<sup>st</sup>- Vivian







# **March Events**

March 5th- Grace United Church March 12<sup>th</sup>- First united Church March 7<sup>th</sup>- Pub Day March 8th- International Womens Day March 10th- Casino Trip March 11th- Glow Party March 12<sup>th</sup>- Resident Award Voting March 14th- Full Moon March 17<sup>th</sup>- St. Patrick's Day March 18th- Coffee Shop March 19th- Lunch Club- Homemade Pizzas!!! March 20th- First day of Spring March 20th- Music with David Latham March 21st- Pub Day March 25th- Music with Brian and Gloria March 28th- Music with Jim and Marv Lang March 31- St. Georges Church

## If you need us....

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Our casino trip has been scheduled for March 10<sup>th</sup> at 5pm. If you are interested in going, please reach out to Kristina in programs. We have a few spaces left for the bus and we are hoping all the families will meet us there©