

Errinrung

Long Term Care Home July – 2025



WOW! It's OFFICIALLY July and summer is in full swing! 🌞

We have an exciting month ahead filled with fun activities like BBQs, campfires, outdoor games, gardening, live music, and so much more!

Families are always welcome to join the fun — the more, the merrier!

If you'd like to spend some quality time with your loved one, we have several cozy rooms available for private visits or celebrations. These spaces are free to use — just give the Programs Department a call at **519-599-2737 ext. 6** to book your time.

Let's make the most of this beautiful summer together! 🌻 🎵 🔥

[\(kpatel@southbridgecare.com\)](mailto:kpatel@southbridgecare.com).



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🌈 June Recap – What a Month! ☀️

June was full of smiles, sunshine, and unforgettable moments! From sizzling BBQs and sweet **Strawberry Socials** to the soothing sounds of **live music** and **pet therapy cuddles**, our days were bursting with joy. We celebrated dads with a **Tim Hortons Father's Day Social**, got creative with **henna tattoos**, and rocked out at a **Beatles concert**! Thank you to everyone who joined the fun — here's to an even more exciting July! 🎵 🍓 🐾

Please ensure you are signing your loved one out when you are leaving the building. The sign in and out is located at south nursing desk. This ensures the safety of our residents 😊



RESOLUTIONS *exchange* *networking* *activities* *quality of life* **QUALITY OF CARE** **FAMILY COUNCIL** *engagement* *sharing* **SUPPORT** *improvements*

A heartfelt thank you to our incredible Staff, Family Council members and the Lions Club for their amazing support during our Strawberry Social! Your help made this Seniors Month celebration extra special!

The main purpose of a Family Council is to improve the quality of life of Long-Term Care residents and to give family and friends a forum for sharing their experiences, learning and exchanging information. While each Family Council is unique, Family councils in general focus on improving the quality of life and assuring quality of care for all residents and supporting each other. Family Councils facilitate communication and promote partnerships with home staff, council members, families, friends, and residents.

. If you are interested in joining in person or via zoom, please let me know

Our next meeting is July 31st, 2025 at 2:00pm.
in the interaction room downstairs

I will send out the TEAMS link as well to all families!
If you have any questions, or to add anything to the agenda, please contact Krishna Patel@ 519 599 2737 ext. 6

We are celebrating Canada Day!



High Importance!!!!

I have mentioned it in the newsletter before, but this is just another reminder for families to please check the resident mail when you are visiting your loved one. The file folders are located at both north and south nursing stations and contain all resident mail that is bills etc. It is getting quite full, so we are not sure if families are looking at it 😊

🎉 **Canada Day is just around the corner — and we're ready to celebrate in true Canadian style!** CA On **July 1st**, we'll be embracing the red and white with music, laughter, and good company. Across the country, communities light up with **fireworks, parades, live entertainment**, and the unmistakable joy of summer. Whether you're waving a flag, enjoying a sweet treat, or singing along to your favourite Canadian tunes, it's a day to come together and celebrate everything that makes this country so special. Let's make this Canada Day one to remember! 🍁 🎆 🎵

**Pet Therapy
every
Monday
from 1-3pm**



STAFF SPOTLIGHT

Hi, my name is Krishna Patel, and I am the new Program Manager. I am responsible for planning and implementation of activities I am also in charge of running resident council, coordinating volunteers, and planning community events. If you have any questions for me please feel free to reach out to me at kpatel@southbridgecare.ca or EXT 6



July Events



No Birthdays
For this month



We would love some
volunteers for our campfire
night! If you are willing to
come and help on a Friday
or Thursday night, please
reach out to Krishna in
programs

Kpatel@southbridgecare.com

Every Monday Pet therapy
Every Tuesday- NH/South BBQ
**July 1st- Canada Day celebration(Parade,
social and trivia)**

July 2nd-Grace United Church Service

July 2nd- Lemonade Social

July 9th- First Baptist Church Service

July 17/31st- Music with David Latham

July 18th- Jim and Mary Lang

July 22nd- Brian and Gloria

July 22nd – Resident Council

July 24th- Campfire and smores social

July 25th – Jingle and Mingle in July

July 31st-Family Council

If you need us....

Stacey Coe

Executive Director

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Krista Smith

Director of Care

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Kerry Baker

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Programs Manager

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Debbie Alexander

Retirement Home Manager

Ext 2 or dalexander@southbridgecare.com

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Natalie Rafael

Infection Control and Prevention Lead

nrafael@southbridgecare.com

Harshdeep Kaur

Ward Clerk


EXT 1 or hakaur@southbridgecare.com

Highlights of the Month




July 2025

Errinrung Long Term Care and Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Canada Day Trivia 11:15 Canada Day Parade 1:30 Group Exercise With Cindy - Standing Balance 1:30 Canada Day social 6:30 Arm Chair Travel	2 9:15 Music Therapy 1:1 9:30 Group exercise with Cindy 10:30 Music Therapy 10:30 What's in the News! 1:30 Group Exercise With Cindy - Standing Balance 1:30 Grace United Church Service 6:30 Bingo	3 9:30 Group exercise with Cindy 10:30 Lunch Club cooking 1:30 Group Exercise With Cindy - Standing Balance 2:00 Dancing with Parkinsons 6:30 Bocce	4 10:00 Coffee social with Krishna 1:30 Drum Fit 6:30 Hand Massage 6:30 Movie night	5 10:00 Arm Chair Travel to Newzealand 1:30 Target Shoot 1:30 Craft Circle-Bracelet making and music
9:30 Church services 11:00 Daily chronicles 2:00 Touch to play 3:00 Coloring		8 9:30 Group exercise with Cindy 10:30 puzzles and word search 1:30 Group Exercise With Cindy - Standing Balance 1:30 Cake and Coffee social 6:30 hand waxing with meditation music	9 9:15 Music Therapy 1:1 9:30 Group exercise with Cindy 10:30 Music Therapy 10:30 Memory Game 1:30 Group Exercise With Cindy - Standing Balance 1:30 First Baptist Church services 2:00 Make Cards 6:30 Bingo	10 9:30 Group exercise with Cindy 1:30 Group Exercise With Cindy - Standing Balance 2:00 Dancing with Parkinsons 2:30 Painting and Sing Along 6:30 Campfire and Smores social	11 10:00 Coffee social with Krishna 1:30 Baking 3:30 Sensory Visits 6:30 Movie night	12 10:00 National Paper Bag day (crafts with paper bag) 1:30 Jello social and crafts for patio party 3:30 Sensory Visits
6 9:00 News and chat 10:30 Bake Chocolate Cake (National chocolate Day celebration) 1:00 Pet therapy 3:00 Gardening	7 9:00 News and chat 1:00 Pet therapy 3:00 Gardening	15 9:30 Group exercise with Cindy 9:30 Make Kiwi hand fans for party 1:30 Group Exercise With Cindy - Standing Balance 2:00 Ice cream Social	16 9:15 Music Therapy 1:1 9:30 Group exercise with Cindy 10:00 Manicures 10:30 Music Therapy 1:30 Group Exercise With Cindy - Standing Balance 2:00 10 places to visit in New Zealand 6:30 Bingo	17 9:30 Group exercise with Cindy 10:30 Show with David Latham 1:30 Group Exercise With Cindy - Standing Balance 2:00 Dancing with Parkinsons 6:30 Pool Games	18 10:00 Daily chronicles: News and chat 10:00 Coffee social with Krishna 2:00 Music : Jim and Mary Iang 5:00 Movie Night	19 10:00 Popular proverbs 1:30 Craft Circle 3:30 Keep it up
13 10:00 Hymn Sing 1:30 Mobii Interactive Unit 3:30 Bean Bag Toss	14 9:00 News and chat 1:00 Pet therapy 1:00 Balloon Toss 3:00 Gardening					

July 2025

Errinrung Long Term Care and Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Hymn Sing 1:30 National Ice-cream Day social 3:00 Montessori</p> <p>20</p>	<p>10:00 Make Tropical centrepiece 12:00 News and chat 1:00 Pet therapy</p> <p>21</p>	<p>9:30 Group exercise with Cindy 10:00 painting shells/ornaments for tree 10:30 Resident Council 1:30 Group Exercise With Cindy - Standing Balance 2:00 Music with Brian and Gloria 6:30 Summer Christmas Tree decor for party</p> <p>22</p>	<p>9:15 Music Therapy 1:1 9:30 Group exercise with Cindy 10:30 Music Therapy 1:30 Group Exercise With Cindy - Standing Balance 2:00 Bird Watching 6:30 Bingo</p> <p>23</p>	<p>9:30 Group exercise with Cindy 1:30 Group Exercise With Cindy - Standing Balance 2:00 Dancing with Parkinsons 6:30 Campfire and Smores social</p> <p>24</p>	<p>10:00 July Color by number 10:00 Daily chronicles: News and chat 2:00 Jingle and Mingle in July</p> <p>25</p> 	<p>10:00 Baking 10:30 July Junk drawer Detective Puzzle 2:00 National Coffee milkshake Day</p> <p>26</p>
<p>10:00 Virtual Church services 1:30 Hangman 3:30 Bird Lovers</p> <p>27</p>	<p>10:00 Manicures 10:30 St. George's Church service 1:00 Pet therapy 3:00 Outdoor Social</p> <p>28</p>	<p>9:30 Group exercise with Cindy 10:30 Hangman 1:30 Group Exercise With Cindy - Standing Balance 1:30 Mobil Interactive Unit 6:30 Sensory smell game</p> <p>29</p>	<p>9:15 Music Therapy 1:1 9:30 Group exercise with Cindy 10:00 Sparkling Specs 10:30 Music Therapy 1:30 Group Exercise With Cindy - Standing Balance 6:30 Bingo</p> <p>30</p>	<p>9:30 Group exercise with Cindy 10:30 Show with David Latham 1:30 Group Exercise With Cindy - Standing Balance 2:00 Dancing with Parkinsons 2:00 family council 6:30 Crokinole/Shuffleboard</p> <p>31</p>		